

## Registration form

Register for IWS on link: [www.taoist.cz/registration](http://www.taoist.cz/registration) or go to webpage [www.taoist.cz](http://www.taoist.cz), „Workshops“ then click on the link „R“ at IWS Praha“. To apply click the SEND button at the end of the registration form.

Your registration will be confirmed automatically. If you don't receive the confirmation within 7 days, please contact us on email: [workshop@taoist.cz](mailto:workshop@taoist.cz).

Please be sure to submit your registration by **15th January 2019, if you need accommodation. Generally, the registration by 10th February will help organizers.**

NOTE: in case registration form doesn't work with Internet Explorer, open it with Google Chrome or other.

## Registration and important times during IWS

Registration starts on Wednesday and on Saturday from 8:30 am. The payment is possible only in cash. Please, try to have an exact amount of money. Foreign members, please pay the WS contribution and any other fee in Euros (EUR). If you choose to pay in Czech crowns (CZK), then please all the charges. Prices in Euro are listed on the English registration form. Please bring your membership card with you. IWS finishes at 4 pm on Sunday.

## Accommodation

### 1) HOSTEL FLORENC

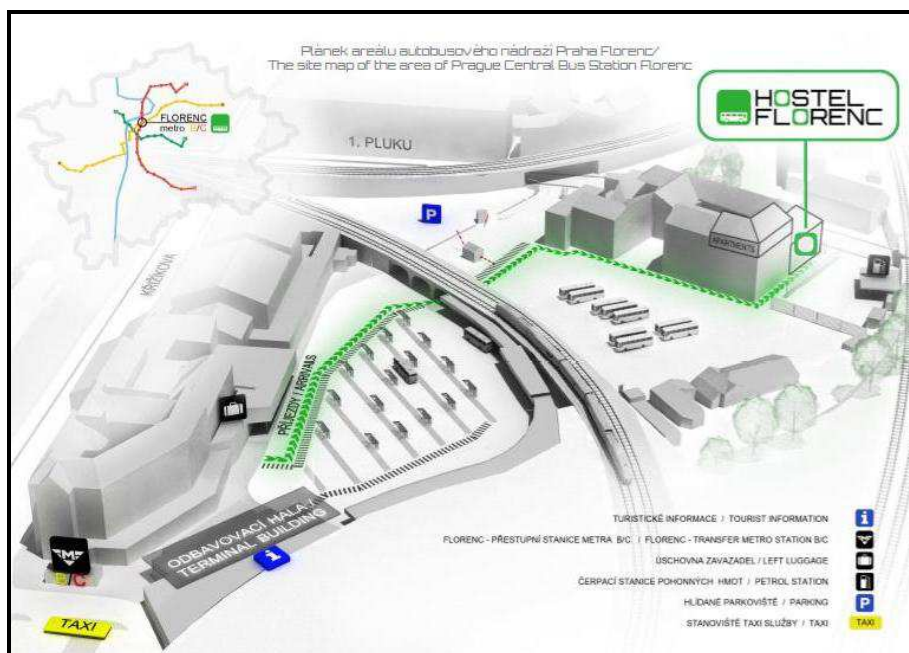
**Address: Pod Výtopnou 367/2, 186 00 Praha 8**, in the area of Prague Central Bus Station Florenc  
[www.hostelflorenc.cz](http://www.hostelflorenc.cz), (see map below)  
phone: +420 221 895 415

**Price 12 EUR/bed/night, including breakfast.** Reservation is possible from Tuesday or Friday till Sunday. Several-bed rooms (1, 2 or 4 beds), toilet and bathroom shared always by two rooms.

**The accommodation needs to be reserved until 15th January 2019.** The place is not guaranteed to be available after the term.

**Parking in the area of bus station costs approx. 15 EUR/day and it needs to be booked in advance in the registration form (payment is directly in the hostel).**

Transport to the place of the IWS: 30 minutes by foot or public transport. See the description below.



## 2) HOTEL ČECHIE PRAHA, a.s.

**Address:** U Sluncové 618, 186 00 Praha 8

[www.hotelcechie.cz](http://www.hotelcechie.cz)

phone: +420 266 194 111

**Price 40 EUR/bed/night in a single room, including breakfast.**

**Price 24 EUR/bed/night, in a twin room, including breakfast.**

**Price 22 EUR/bed/night, in a triple room (twin with an extra bed), including breakfast.**

Reservation is possible from Tuesday or Friday till Sunday.

The accomodation capacity is limited and it needs to be reserved until 15th Januray 2019. There is a cancellation fee set by the hotel after the term.

Parking in the hotel garage costs approx. 12 EUR/day and it needs to be booked in advance in the registration form (payment is directly in the hostel). Transport to the place of the IWS: 10 minutes by foot. See more below.



## 3) TAI CHI CLUBHOUSE HAŠTALSKÁ

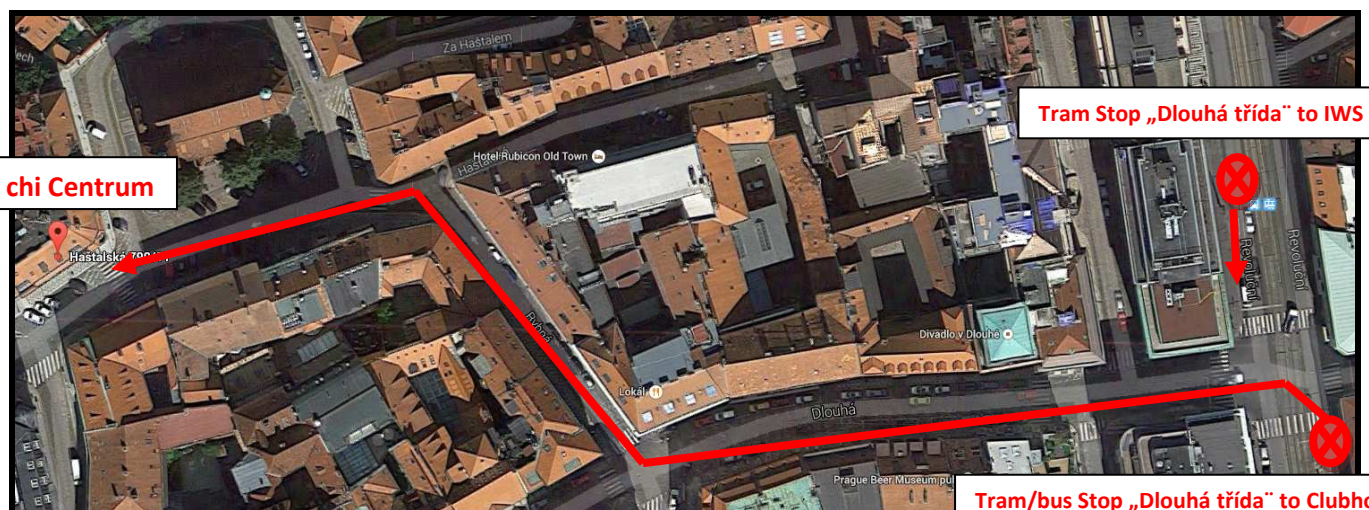
**Address:** Haštalská 11/790, 110 00 Praha 1 (see map below)

<http://www.taoist.cz/kontakt.html>

phone: +420 224 819 619

**Price 6 EUR/night, including breakfast.** Take your own sleeping bag, mat and towel. The capacity is 30 persons.

Parking in paid parking zones only, at your own risk. Transport to the place of the IWS: by public transport.



## **FOOD**

Breakfast is provided in the place of accommodation. Other food during the day is provided in the location of the IWS, including 5/2 lunches and a 4/1 dinners. In case you are a vegetarian, mark the box in the Registration form. If you are on special diet (for health reasons only!) mark it in the Registration form as well.

**If you would like to support our efforts to eliminate disposable plastic from use, please take your mug.**

**If you are unable to attend the IWS, please inform us as soon as possible. In case of late cancellation of registration, payment for room and food will be required.**

## **IWS LOCATION IN PRAGUE**

Name: **PETRA STROZZIHO Elementary school and Kindergarten**

Address: **Za Invalidovnou 579/3, 186 00 Prague 8** (entrance from the Molakova street)

<https://mapy.cz/zakladni?x=14.4617463&y=50.0939439&z=17&source=firm&id=356235&q=%C5%A1kola%20petra%20strozziho>



**Parking at the IWS place and its surroundings is ONLY possible in parking zones or public garages under fee.** In some of the parking zones is possible to park **during the weekend** for free. <https://vph.zpspraha.cz/>

## **Public transport to accommodation and IWS**

Arriving to Prague by train or by bus you will always find a metro station nearby. To get to the place of the workshop you will need a ticket (prices are 24 CZK for short or 32 CZK for longer journey, see below). You can purchase the tickets at the metro stations or kiosks. Travelling to/from all types of accommodation you will need

24 CZK tickets only. Or you can walk as well. At the airport or the main railway station it is also possible to pay the ticket at the ticket machine by a credit card.

Public transport tickets and passes						
TICKET / PASS TYPE	Adult	Child <sup>x</sup>	Junior	Student <sup>+</sup>	Senior <sup>x</sup>	
<b>Basic</b> 90 min.	32 CZK	16 CZK	32 CZK	32 CZK	16 CZK	
Short-term 30 min.	24 CZK	12 CZK	24 CZK	24 CZK	12 CZK	
1 day 24 hrs.	110 CZK	55 CZK	110 CZK	110 CZK	55 CZK	
3 days 72 hrs.	310 CZK	•	310 CZK	310 CZK	•	

• No reduced fares for this tariff group.



### Arriving by train to the Central Railway Station

**To Hostel:** Take 1 stop by **Metro C** from „Hlavní nádraží“ to „Florenc“ and follow the map. It is right behind the Main Central Bus Station.

**To Hotel:** Take 1 stop by **Metro C** from „Hlavní nádraží“ to „Florenc“ and change to **Metro B** to „Invalidovna“ and follow the map.

**To Clubhouse Haštalská:** Take 3 stops by **tram 5** or **26** from „Hlavní nádraží“ to „Dlouhá třída“ and follow the map. Approx. 300 m walk when see the Haštal Church. It is right next.

### Arriving by bus to the Main Central Bus Station

**Hostel:** It is right in the area of the Bus Station.

**Hotel:** Take 2 stops by **Metro B** from „Florenc“ to „Invalidovna“ or 4 stops by tram no. 8 or 3 or 24 to „Invalidovna“ and follow the map.

**Clubhouse Haštalská:** Take 3 stops by tram **8** or by bus **207** from „Florenc“ to „Dlouhá třída“ and follow the map. Or it is approx. 15 min walk.

### To the IWS place from accommodation

**From Hostel:** Take 2 stops by **Metro B** from „Florenc“ to „Invalidovna“ or 4 stops by tram no. 8 or 3 or 24 to „Invalidovna“ and follow the map. Or it is approx. 30 min walk.

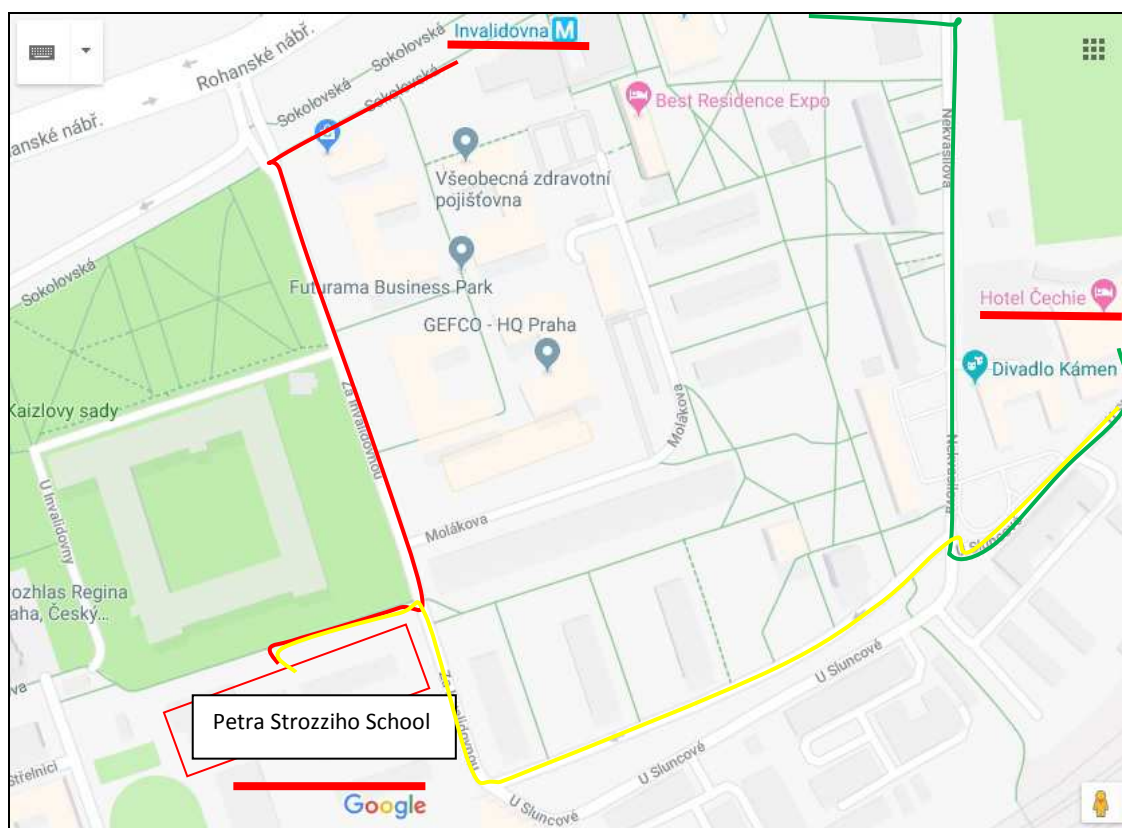
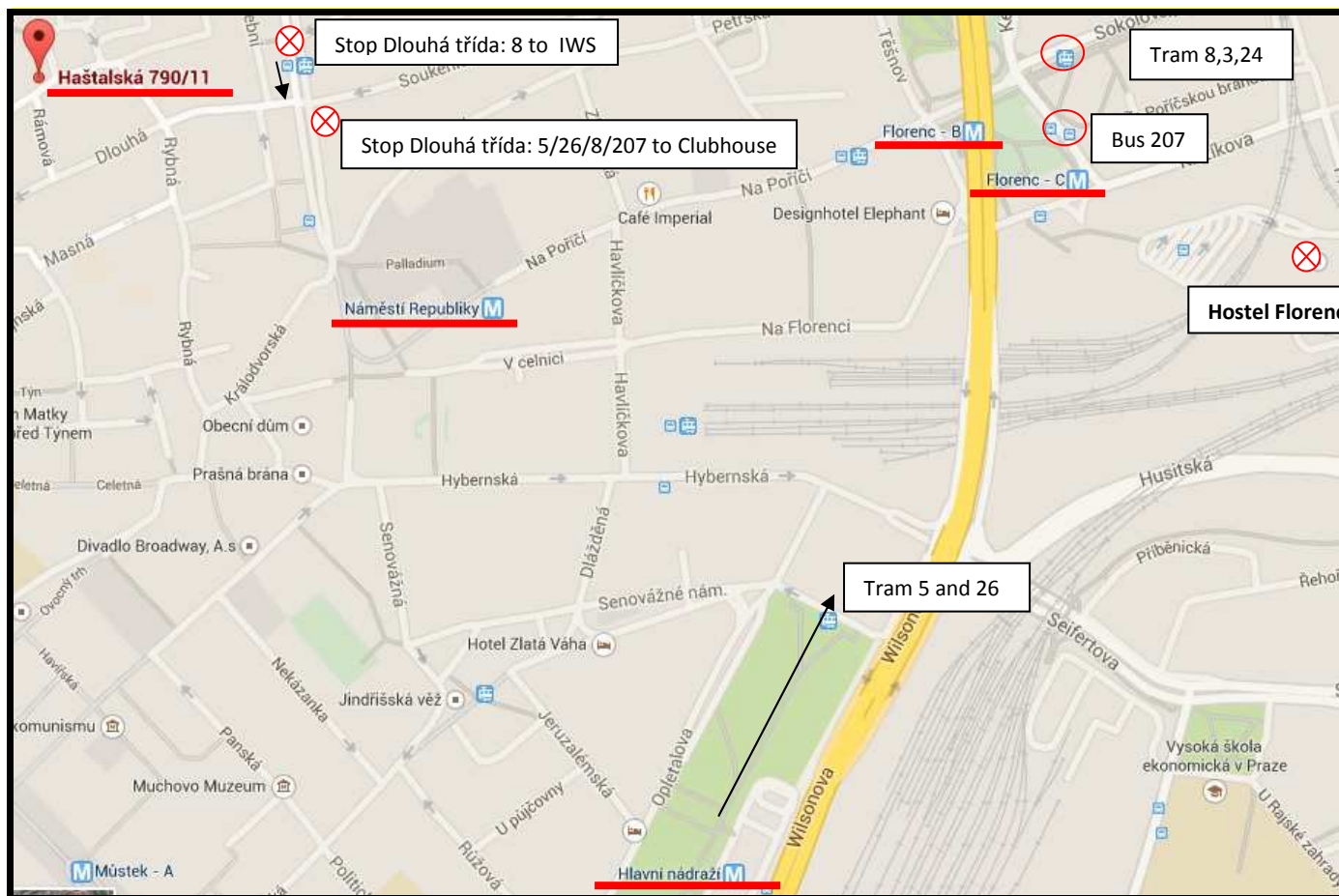
**From Hotel:** It is approx. 10 min walk, follow the map.

**From Clubhouse Haštalská –** 3 stops by **Metro B (yellow line)** from „Náměstí Republiky“ to „Invalidovna“ or by tram no. 8 from „Dlouhá třída“.

## Travelling to the IWS by car

Parking at the IWS place and its surroundings is **ONLY** possible in parking zones or public garages under fee. In some of the parking zones is possible to park **during the weekend** for free. <https://vph.zpspraha.cz>

To Petra Strozziho Elementary School: GPS: 50.0938511N, 14.4622614E



## Arriving by plane to the “Václav Havel Airport Prague”

**To Hostel:** Take a **bus no. 119** to “**Nádraží Veleslavín**”, then change to **Metro A** to “**Můstek**” and change to **Metro B** to “**Florenc**” and follow the map. It is right behind the Main Central Bus Station. Aprox. 1 hour journey.

**To Hotel:** Take a **bus no. 119** to “**Nádraží Veleslavín**”, then change to **Metro A** to “**Můstek**” and change to **Metro B** to “**Invalidovna**” and follow the map.

**To Clubhouse Haštalská:** Take a **bus no. 119** to “**Nádraží Veleslavín**”, then change to **Metro A** to “**Můstek**” and change to **Metro B** to “**Náměstí Republiky**” and follow the map. It is approx. 800 m walk, when see the Haštal Church. It is right next. Or you can walk from „**Můstek**“ directly: follow the street „**Na Příkopě**“ to **Náměstí Republiky** and then follow the map.

Another option from the airport is to take less frequent **bus no. 100** to “**Zličín**” where you change to **Metro B** to “**Florenc**” (Hostel), “**Invalidovna**” (Hotel) or “**Náměstí Republiky**” (Clubhouse). It is again about an hour journey.