



Taoist Tai Chi Society of France  
National center  
20 boulevard du Haras  
22400 LAMBALLE  
France

## Information sheet 3 Days International Retreat, 14-16 March 2020

The international retreat will start on Saturday, March 14<sup>th</sup> at 10 am and end on Monday, April 16<sup>th</sup> at 4 pm.

### Registration

We are happy with your early registration, preferably via the online form.

You can download a registration form on <https://www.taoisttaichi.org/fr/events/retraite-internationale/>

Every registration will be confirmed. In case you don't receive an email from us, please get in touch with [france.ttcs@gmail.com](mailto:france.ttcs@gmail.com) or call +33 (0)2 96 30 89 54.

### Arrival

We provide pick up service from:

- Airports
  - Dinard (DNR) (direct flights with RYAN AIR from London Stansted & East Midlands)  
~50 minutes from Lamballe clubhouse
  - Rennes (RNS) ~1h10 from Lamballe clubhouse
- Train stations
  - Lamballe ~5 minutes from Lamballe clubhouse
  - Saint-Brieuc ~25 minutes from Lamballe clubhouse
  - Saint-Malo ~1h from Lamballe clubhouse
  - Rennes ~1h10 from Lamballe clubhouse
- Ferry boat terminal
  - Saint-Malo ~1h05 from Lamballe clubhouse

When you arrive, please wear a visible Taoist Tai Chi logo and wait until someone picks you up, in the arrival hall of the airport or on the platform of the train station. Please provide us with your cell phone number on the registration form. If you have any concern or question, please contact us at [france.ttcs@gmail.com](mailto:france.ttcs@gmail.com) or call +33 (0)2 96 30 89 54.

### International Retreat location / meals

On Friday between 2 pm and 10 pm the clubhouse will be open as a place to meet for those arriving in Lamballe during the day. Soup and refreshments will be available.

On Saturday the clubhouse will open at 8 am.

Breakfast available on Saturday, Sunday and Monday.

### Accommodation

- We will provide accommodation in members' homes wherever possible. Please book early to enable the workshop team to place you with a member.
- Hotels (from euros 61.00 per night)

Hôtel Le lion d'or – 3 rue du lion d'or – 22400 Lamballe <http://www.leliondor-lamballe.com/>

Hôtel Kyriad – 29 boulevard Jobert – 22400 Lamballe <http://www.kyriad-lamballe.fr/fr/index.aspx>

### Payments

135 € : Should be made in cash only. Registration will be open from 5 pm on Friday and from 9 am on Saturday.

### Location

