



Infosheet International Workshop Helmond

Registrations will be confirmed. If you don't get a confirmation within a few days, please contact us.

Cancellation. If you have to cancel for any reason, please let us know as soon as possible. In case of a heavy cold, flu or a virus it is better to stay at home instead of contaminating other participants. Transferred workshop contributions will be refunded.

Payments, can be done in cash upon arrival but we prefer payments done in advance by bank transfer. (name: Stichting Fung Loy Kok Taoist Tai Chi Nederland, IBAN: NL62 INGB 0000 0707 81, BIC: INGBNL2A).

Pick ups and drop offs will be arranged from Airport Düsseldorf Weeze. Members arriving at other airports are asked to take public transport to Helmond 't Hout train station which is 800 meters walking distance from the FLKTTC Centre. Pickups can be arranged from Helmond 't Hout train station upon request.

E-tickets for trains to/from the Eindhoven and Amsterdam Airports can be booked at registration and are non-refundable. Tickets will be sent by email about 10 days ahead of the workshop and need to be printed on A4 format before traveling. Eindhoven Airport < > Helmond 't Hout cost € 7,44 single fair. Amsterdam Airport < > Helmond 't Hout cost € 10,50 single fair (after 9am) or € 22,10 (before 9am).

Arriving by car, to avoid any parking annoyance in the residential area near the FLKTTC Centre, parking is only allowed in the designated parking area on the other side of the Europaweg. Parking at the Centre is limited but can be used for drop offs and pickups.

Accommodation is dormitory style in bunk beds. If sleeping with other people in a room is difficult for you please book your own accommodation. If you require a bottom bunk bed due to health problems, please indicate this on your registration form. Don't forget to bring your own towel. A flashlight might come in handy. There is also a wheelchair accessible room, toilet and shower.

Meals, the kitchen provides meals with nothing added especially for participants who can't eat the regular and vegetarian meals provided. If none of the food options are suitable or sufficient for you, you have to arrange your own food. There is a microwave which can be used. The kitchen is during the workshop out of bounds for participants unless specifically invited in.

Since there is always a lot of work to do, we are very happy with your help before and after the workshop.

FLKTTC of the Netherlands, Mierloseweg 140, 5707 AS Helmond 0492 769032