



Associazione Tai Chi Taoista Italia

Florence, May 26 – 27 2018

Taoist Tai Chi™ internal arts for health
International Workshop
TTCS Florence club: Via Zanella 16/e
phone number +39 324 620 9388

PROGRAM INFORMATION

REGISTRATION

Please register using the online registration form: [registration form](#)

If you experience difficulties with above link you may also find it in our website www.taichitaoista.it

Please help us sending your registration form as soon as possible.

If your registration is not confirmed within a week, please contact us via email atctfirenze@libero.it

SCHEDULE

The Program starts on Saturday, May 26TH at 10,00am.

Registration by the same day at 9,00am or at the Club on Friday May 25TH after 4pm.

The program ends on Sunday, May 27TH at 4pm.

25° ANNIVERSARY

Celebration starts **Friday May 25TH** at 6,30pm, c/o: TTCS Florence Club: Via Zanella 16/e

Club will be open from Friday 4pm

Banquet will be served at the Club

Donation for the banquet 20€

WORKSHOP DONATION

The donation is €130/pax (€ 80/pax for Central Europe Participants) includes 3 meals.

Bank transfer Payments - before May 20TH 2018 would be appreciated – shall be made through:

IBAN IT45F050180280000011515418

Banca Popolare Etica

Associazione Tai Chi Taoista Italia

May International workshop

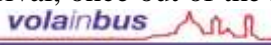
...otherwise, cash upon arrival.

UPON ARRIVAL IN...

F L R (FIRENZE – FLORENCE) Amerigo Vespucci Airport (AVA):

Airport link <http://www.aeroporto.firenze.it/en/the-passengers/transport.html>

VOLAINBUS http://www.fsbusitalia.it/cms-file/allegati/fsbusitalia/Volainbus_volantino.pdf

Upon arrival, once out of the Airport Terminal, walk 50 meters to the large crossroad-fires and seek for the  headline Bus stop, on your left.

Above is the official info-link at your convenience, and below is a snapshot with hints on how to purchase ticket, timetable and other important news:

The 'Amerigo Vespucci' airport is connected with the city centre by **VOLAINBUS**, a service provided by BUSITALIA - SITA Nord. This is a really shuttle service (about 20 minutes) between the airport terminal and the centre of Florence: no intermediate stops are made except in the outskirts of the railway station.

Volainbus Ticket may be purchased:

- on board from the driver without extra charge (one way ticket only)
- Ⓞ at the BUSITALIA - SITA Nord ticket office near FS Santa Maria Novella*
- at AGENZIE 365 near Trenitalia ticket office
- at the authorized sales points of ATAF&LI-NEA*
- Inside the airport at Giunti's bookstore*

* to be validated immediately as getting on board the vehicle.

Partenze da Firenze Centro:
Departures from Florence City Centre:

05:00	05:30	06:00*	06:30
07:00	07:30	08:00	08:30
09:00	9:30	10:00	10:30
11:00	11:30	12:00	12:30
13:00	13:30	14:00	14:30
15:00	15:30	16:00	16:30
17:00	17:30	18:00	18:30
19:00	19:30	20:00	21:00
22:00	23:00	00:10	

☒ partenza dal tunnel FS
 (con asterisco rosso* solo nei giorni festivi)
 ☒ departures from train station bus stop
 (with red star* on Sundays and holidays only)

Partenze da Aeroporto A. Vespucci:
Departures from A. Vespucci Airport:

05:30	06:00	06:30	07:00
07:30	08:00	08:30	09:00
09:30	10:00	10:30	11:00
11:30	12:00	12:30	13:00
13:30	14:00	14:30	15:00
15:30	16:00	16:30	17:00
17:30	18:00	18:30	19:00
19:30	20:00	20:30	21:30
22:30	23:45	00:30	

☒ arrivi al tunnel FS
 arrivals at train station bus stop

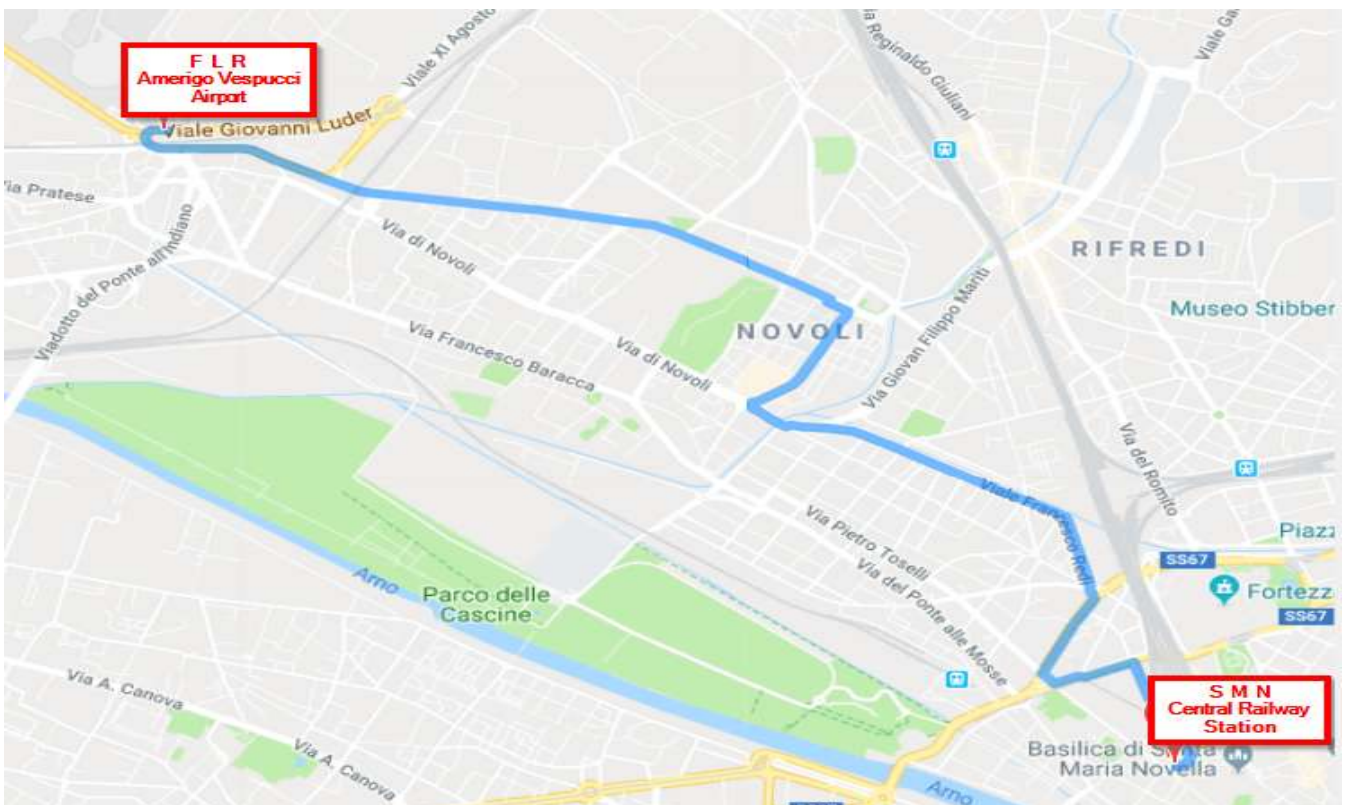
Tariffe / Fares

Biglietto di corsa semplice - *one way ticket* **6€**

Biglietto Andata e Ritorno - *round trip ticket* **10€**

GRATUITO per Bambini fino a 3 anni / FREE for children until 3 years old

Bus-fare (about 20mins, from FLR AVA till SMN CRS - Central Railway Station):




As you reach SMN-CRS, follow below WALKING DIRECTIONS to reach **TTCS Florence Club:**
 Address: *Associazione Tai Chi Taoista, Via Zanella 16/e - Firenze*

PSA (P I S A) Galileo Galilei Airport (GGA):

Airport link <http://www.pisa-airport.com/en/the-passengers/transport.html>
 AirportBusExpress <https://www.autostradale.it/Images/Linee/Orari/142.pdf>
 Trenitalia www.trenitalia.it

BY BUS:

Out of the Airport Terminal, walk to your right and locate the  as Area (P6), which is just outside the Passenger Terminal Arrivals area.

→ **Bus tickets may be purchased at the Airport Information Desk (Arrivals Area).**

Above is the official info-link and below is a snapshot with ticket prices and timetable at your convenience:



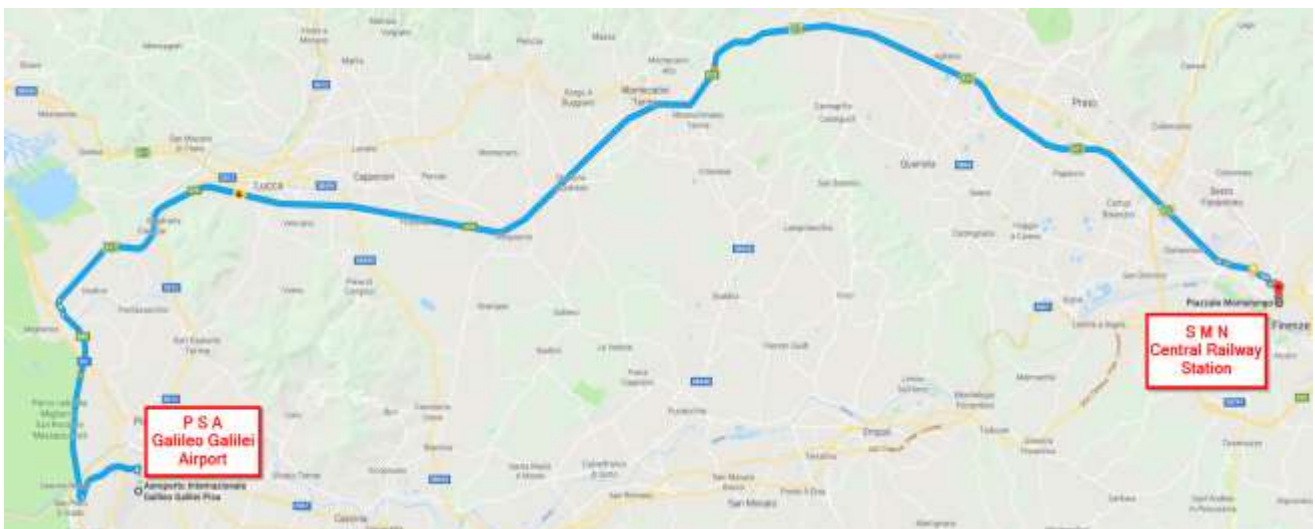
DA LUNEDI' A DOMENICA

PARTENZA DEPARTURES ARRIVO ARRIVALS

PARTENZA DEPARTURES ARRIVO ARRIVALS

PISA Airport Pisa Aeroporto	FIRENZE Stazione S.M.Novella		FIRENZE Stazione S.M.Novella	PISA Airport Pisa Aeroporto
9,00	10,10	PREZZI/PRICES: Adulti/Adults - € 14,00 Solo andata Andata/Ritorno 24,00 Bambino / Child € 7,00 (2-12 ANNI)	3,30	4,40
10,15	11,25		4,30	5,40
11,30	12,40		6,30	7,40
12,45	13,55		7,45	8,55
14,00	15,10		9,00	10,10
15,15	16,25		10,15	11,25
16,30	17,40		11,30	12,40
17,45	18,55		12,45	13,55
19,00	20,10		14,00	15,10
20,15	21,25		15,15	16,25
21,00	22,10		16,30	17,40
22,00	23,10		17,45	18,55
23,15	0,25		19,00	20,10
0,40	1,50		20,30	21,40
		21,30	22,40	
		22,30	23,40	

Bus-fare (about 70mins, from PSA GGA till SMN CRS - Central Railway Station):



As you reach SMN-CRS, follow below **WALKING DIRECTIONS** to reach **TTCS Florence Club**:
 Address: *Associazione Tai Chi Taoista, Via Zanella 16/e – Firenze*

BY TRAIN:

You may transfer from PSA GGA to SMN CRS by train, but need to reach PSA Central Railway Station (CRS) through the PISAMOVER <http://pisa-mover.com/en/services/tickets-and-fares/>

The Airport PisaMover Station is located in front of the Airport services building. Outside of the Arrivals Terminal on the left, two minutes walk:

PISA MOVER Ticket prices:

 Shuttle	
single ticket	€ 2,70
return ticket	€ 5,40

You may buy PISAMOVER tickets at automatic ticket machines, located as below:

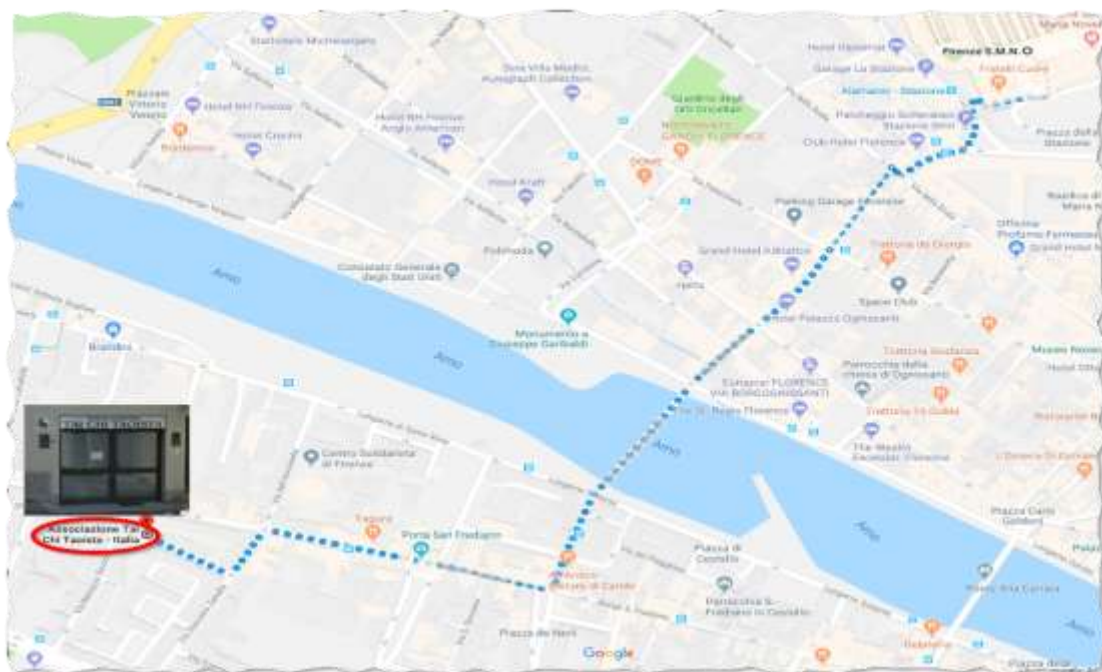
Airport Station	(4)
PISA Central Railway Station	(4)
SanGiusto/Aurelia Station	(4)

Check then the train schedules at above www.trenitalia.it website, to reach FLORENCE S.M.N. CRS.

If you choose this option, please notify us with your arrival time, once you are on board.

WALKING DIRECTIONS from SMN CRS to TTCS FLR Club:

- Walk through VIA DELL'ALBERO to VIA MASO FINIGUERRA and cross BORGO OGNISSANTI to VIA DI MELEGNANO
- Walk straight ahead and cross river ARNO through the AMERIGO VESPUCCI bridge
- Once on the other side, keep walking ahead on VIA SANT'ONOFRIO until BORGO SAN FREDIANO, then turn right and walk to the large ancient walls, through PORTA SAN FREDIANO
- Straight walking on VIA PISANA until you reach VIA GIACOMO ZANELLA Turn left and then right, and after about 100 mts you're at **TTCS Club** ...☺



ACCOMODATION

As far as accommodation is concerned, we suggest the following Hostel, Hotel and Bed & Breakfast:

Ostello Santa Monaca

(For online reservation, enter code **Convenzione Tai Chi Taoista** for 10% discount).

Via Santa Monaca, 6 - Firenze

<tel:+39055268338>

www.ostellosantamonaca.com

info@ostellosantamonaca.com

Room availability:

- 2 Double rooms (which may become 3triple or quaduple) - 1 with private bathroom + shower, 1 with bathroom + floor-shower.
- 2 rooms with 4 beds: 1 with private bathroom + floor-shower
- 3 bedrooms with 6 beds
- 1 bedroom with 8 beds
- 4 bedrooms with 10 beds: 1 with private bathroom + floor-shower and 1 with en-suite services
- 1 bedroom with 16 beds
- 1 bedroom with 22 beds

Bathrooms/showers are separated for male/female and are available on each floor.

You may arrange rooms in "mixed" or "female only", as you prefer.

OFFICIAL MAY 2018 RATES

Rooms with 22 beds	19,00 Euro
Rooms with 16 beds	20,00 Euro
Rooms with 10 beds	21,00 Euro
Rooms with 8 beds	22,00 Euro
Rooms with 6 beds	23,00 Euro
Rooms with 4 beds	24,00 Euro
Rooms with 2 beds	27,50 Euro

Above price includes bed linen, towels (on request), use of the kitchen, internet and wi-fi, safe deposit, luggage room.

Excludes "Florence city tax" of Eur 2,00/person, per night, up to a maximum of 7 consecutive nights' stay

1900Artevia Bed&Breakfast

(10% discount only for online reservation)

Viale Raffaello Sanzio, 2 - 50124 Firenze

mobile +39 347 1252290

mobile +39 3496434924

www.1900artevita.com

info@1900artevita.com

B&B Porta San Frediano

Via Monte Oliveto, 2 - 50124 Firenze

tel +39 055 224974

mobile +39 338 2089313

info@bbportasanfrediano.it

www.bbportasanfrediano.it

Youth 2000 Firenze

Viale R Sanzio 16 - 50124 Firenze

tel:+39 055 2335558

infofirenze2000@gmail.com

www.cheap-hotel-florence.com

Cimarosa Harmony

Via Domenico Cimarosa,16 - 50114 Firenze

tel +39 055 011 9259

mobile +39 333 976 0300

info@cimarosaharmony.com

www.cimarosaresidence.com

Plus Firenze

Via Santa Caterina d' Alessandria,15 – 50129 Firenze

Tel +39 055 6286347

www.plushostels.com/it/plusflorence

Hotel Annalena

Via Romana, 34 - 50125 Firenze

Tel +39 055 222402

www.hotelannalena-florence.com

Please make your own reservation and payment directly with the Hotels, and let us know where you are staying, when filling up your registration form.

When registering in one of the Hotel above, **mention that you are a TTC Member and that you will be participating in the International Workshop.**

Also, Florence branch Members, will accommodate on a *first come first served* basis, as many participants as possible, only for Friday, Saturday and Sunday nights.

Please bring your own bed linen and towels.

MEALS

We will try and accommodate any diet, when possible.

Please indicate any allergies, special diets or needs, in your registration form.

For any further information, or doubts, please contact us: atctfirenze@libero.it

If you need help upon arrival in Florence, please contact +39 324 620 9388